## Quality of Life Taskforce Meeting



Meeting Date: Tues, March 11 at 1 PM

Facilitator: Hanna Snyder, VTAAC

Next Meeting: TBD - Invite to follow

Note Taker: Hanna Snyder, VTAAC

## Meeting Agenda

Торі	c	Presenter Time			
✓	Welcome, Introductions, Partner Updates	Attendees: Kristie Grover (Osher Center), Dennis DePaul (Camp Ta-Kum- Ta), Jessica Coleman (Osher Center), Amy Brewer (Northwestern Medical Center), Mike Flaherty (Data Analyst, VDH), Jeff Moreau (Vermont Cancer Support Network), Debora Teixeira (Oral Health Program, VDH, cancer patient), Rebecca Hewson-Steller (Oncology Nurse Navigator, SVMC), Chelsie Lang (UVMMC, Child Life Specialist, Case Manager, Camp Knock- Knock), Di Jones (Central Vermont Home Health Hospice), Rachel Zwynenburg (UVM Cancer Center), Sharon Mallory (Comp Cancer, VDH), Sarah Wallace-Brodeur (ED, Cancer Patient Support Foundation), Kara Dudman (Patient Navigator, CVMC), Hanna Snyder (VTAAC)			
~	Rural Cancer Survivorship Project ECHO Reminder (Hanna Snyder)	Registration closes today (3/11)! If you still want to sign up for subsequen sessions, please email Hanna ( <u>coordinator@vtaac.org</u> ) to be added.			
✓	RN-Driven Survivorship Pilot Program at Southwestern Vermont Medical Center (Rebecca Hewson-Steller, RN, CN-BN, Southwestern Vermont	<ul> <li>Based off an RN-Driven Survivorship Program based at Upstate Cancer Center in Syracuse, NY</li> <li>Led by: Rebecca Hewson-Steller at Southwestern Vermont Medical Center</li> <li>Purpose: Ease the survivor transition period and provide improved support and direction to cancer survivors as they evolve past treatment and back into their everyday life.</li> <li>Serves: Breast cancer survivor population at SVMC</li> <li>Follow-up calls to patients within 6 weeks of treatment completion, 6 months later and 1 year later.</li> <li>Creating an EMR change to track these patient phone calls.</li> <li>Primary Care Providers of patients will be notified of this project and its timeline.</li> </ul>			



-			Vermonters Taking Action Against Cancer		
		Medical	• SVMC plans to create a pre- and post-survey. Working with PDA, VT's		
		Center)	external evaluators, on what this will look like.		
			Roll out is April 2025.		
			• Creating a toolkit of this pilot project to share with partners so it can		
			be replicated elsewhere is a long-term goal		
			Based off of this pilot project: <u>https://www.jons-</u>		
			online.com/issues/2024/april-2024-vol-15-no-4/5073-a-registered-nurse-		
			driven-survivorship-program.		
			Please see Sharon's presentation in the meeting minutes email for		
		New! Tobacco	details.		
		Cessation for			
		Cancer	On the slide showing that tobacco use has worsened data: <b>Mike</b> will look		
		Survivors	into more details on an age-breakdown that might explain some of this.		
		Project at	<b>Mike</b> will also look to see if second-hand household smoking exposure is		
		Northwestern	included in data?		
	$\checkmark$	Medical Center			
		(Sharon	We don't know long-term effects of non-smoking nicotine products yet -		
		Mallory, MPH,	VDH Tobacco Control Program is keeping a close eye on.		
	Comprehensive				
		Cancer Control	2024 Cancer Data Pages:		
		Program, VT	https://www.healthvermont.gov/sites/default/files/document/hsi-cancer-		
		Department of	<u>data-pages-2024.pdf</u> . Cancer Survivorship section begins on page 70.		
		Health)	autu pages 202 n.par. Cancer sarvivorsnip section begins on page 70.		
			Vermont Cancer Support Network: Partners - keep sending in		
			opportunities for website! They increased gas cards to $50 \rightarrow 100$ and		
			have plenty of funding for this program.		
			Camp Knock Knock: Vermont's family bereavement camp. Chelsie Lang		
		Partner	has brochures to share. They support families who have experienced the		
		Program	death of a loved one. Upcoming programming is in fall and they work with		
~	$\checkmark$	Updates /	Camp Ta-Kum-Ta. They have an upcoming fundraiser with Yoga Six on		
	·	Closing (Hanna	March 30 to support their camp.		
		Snyder)			
I		JIJUEI	Osher Center for Integrative Health at UVM: They have verbal		
			confirmation from a donor to provide funding to start an integrative clinic		
I					
I			for cancer survivors. It will be modeled after the Comprehensive Pain		
I			Clinic - mix of medical and mental health visits and access to		
1			yoga/acupuncture/reiki, etc. They are finalizing paperwork but do want it		



	vermonters	laking Act	ion Aga	Inst Cancer
vailable to an	v cancer s	urvivor w	/ho is l	ooking for

up and running quickly. Av support getting back on their feet physically and mentally.

Central Vermont Home Health & Hospice: Di is working with the palliative program serving some oncology patients, and working with complex cases. It has been helpful for her to be connected to this group so she can pass along resources to patients. Feel free to connect with Di Jones here: djones@cvhhh.org: Central Vermont Home Health & Hospice Palliative & Complex Care Case Management

Camp Ta-Kum-Ta: Has several new staff members! Our volunteer medical director (Dr. Alan Homans) is retiring and will be replaced by Dr. Kate Ostrander (Palliative Care at UVMCC). She's looking forward to connecting with Chelsie Lang and Di Jones.

UVM Cancer Center: Looking to find speakers for this years Women's Health and Cancer Conference. The event is September 19, 2025! All are welcome to table and participate. Currently not planning to have a men's health conference. There is also a Rural Health and Cancer Conference in Burlington from June 19-21, 2025.

This taskforce will convene again guarterly - meeting invite to come. If you have topics you'd like this group to discuss, data you'd like to dig into, or other ideas for this group, please email Hanna.

We will continue to look for feedback from this group as we develop the:

- cancer survivor tobacco cessation project with NMC
- survivorship project with SVMC breast cancer survivors
- and plan the extension of the 2025 Cancer Plan.