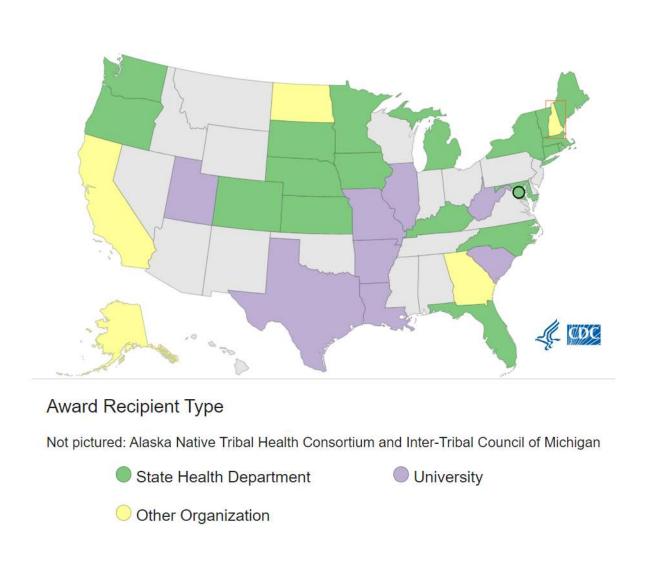
## **Colorectal Cancer Control Program (CRCCP)**



#### **Vermont CRCCP Funded Partners**

The CRCCP focuses on increasing screening among people ages 45 to 75 in clinics that serve people with lower incomes and where fewer than 60% of patients are up to date on screening.



**Brattleboro Family Medicine** 



5 participating sites



3 participating sites



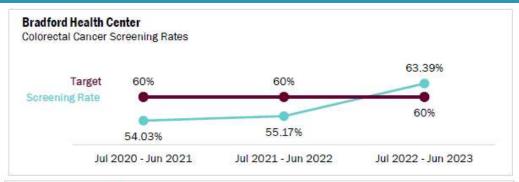
3 participating sites

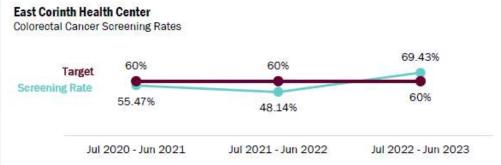
## Community Guide Evidence-Based Interventions (EBI)

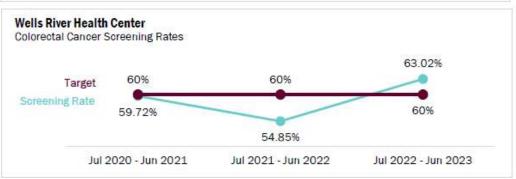
### **Cancer Screening**

INTERVENTION	CPSTF FINDING				
	Breast Cancer	Cervical Cancer	Colorectal Cancer		
Interventions engaging community healthworkers					
Multicomponent interventions					
Patient navigation services					
CLIENT-ORIENTED SCREENING INTERVENTION STRATEGIES					
Client incentives	<b>\Q</b>	<b>\Q</b>	<b>\Q</b>		
Client reminders					
Group education		<b>\Q</b>	<b>\Q</b>		
Mass media	<b>\Q</b>	<b>\rightarrow</b>	<b>\Q</b>		
One-on-one education					
Reducing client out-of-pocket costs		<b>\limits</b>	<b>\Q</b>		
Reducing structural barriers		<b>\rightarrow</b>			
Small media					
PROVIDER-ORIENTED SCREENING INTERVENTION STRATEGIES					
Provider assessment and feedback					
Provider incentives	<b>\langle</b>	<b>\rightarrow</b>	<b>\Q</b>		
Provider reminder and recall systems					

#### **Little Rivers Health Care**

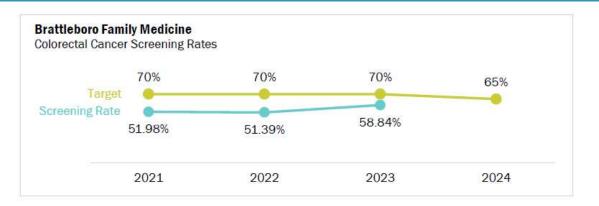






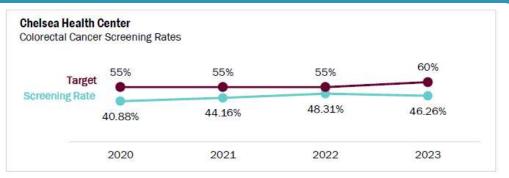
- FIT kit mailing to overdue patients
  - \$1.81 per FIT kit
  - 1.5 hours of labor per mailed kit
  - 50% completion rate
  - FIT kits expire
- EMR Provider reminders at acute visits and well visits – "tackle it"

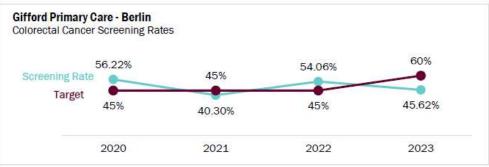
#### **Brattleboro Family Medicine**

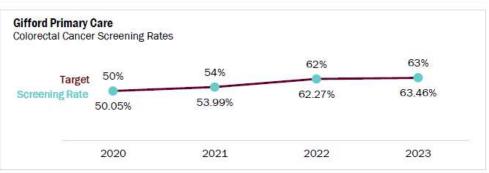


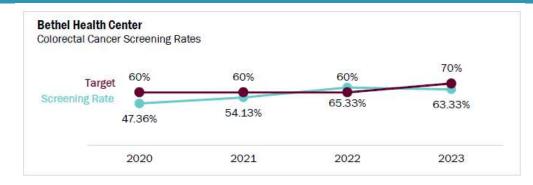
- Provider reminders
- Robust dashboards (Provider Assessment and Feedback)
- Standardization of documentation
- Change of EMR system
- Patient reminder letters less successful
- FIT card mailing less successful
- Flu/FIT clinics
- Adding population health manager position

#### **Gifford Health Care**



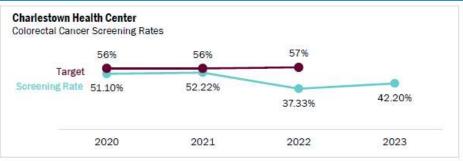


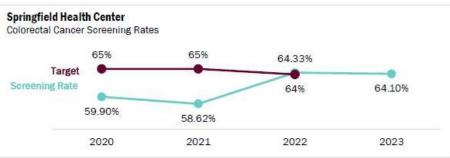


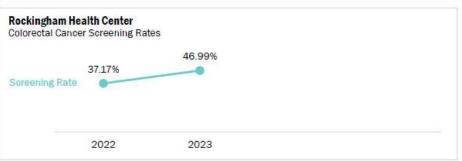


- Change of EMR system
  - Provider reminders
  - Wellness protocol
- Patient reminder letters less successful
- Patient education (1 on 1)

#### **North Star Health**







- Patient reminder letters, calls, emails/portal messages – most successful
- Provider reminders in EMR

# YOU FIRST

Formerly Ladies First



Screening and support for heart disease, breast and cervical cancer

# You First Program Overview



## **About You First**

#### You First is a combination of two CDC programs:

- National Breast and Cervical Cancer Early Detection Program (NBCCEDP)
- Well Integrated Screening and Evaluation For Women Across the Nation Program (WISEWOMAN).

#### You First:

- Promotes breast and cervical cancer screening
- Promotes heart health screening
- Helps prevent cardiovascular disease

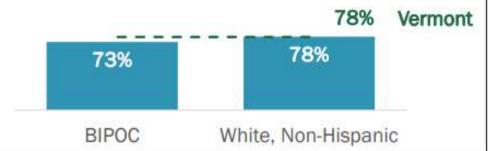






#### **Breast Cancer Screening**

BIPOC and White, Non-Hispanic adults meet breast cancer screening recommendations at a similar rate.



LGBT and non-LGBT adults meet breast cancer screening recommendations at a similar rate.



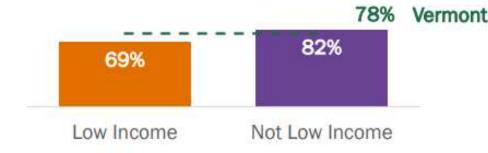


Adults with a disability meet breast cancer screening recommendations <u>less</u> than those without a disability.



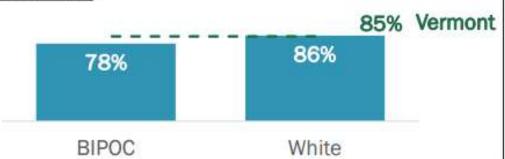


Adults with a low income meet breast cancer screening recommendations <u>less</u> than those without a low income.



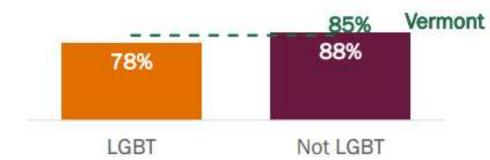
#### **Cervical Cancer Screening**

BIPOC and White, Non-Hispanic adults meet cervical cancer screening recommendations at a similar rate.

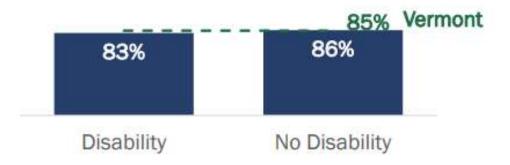


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LGBT adults meet cervical cancer screening recommendations less than non-LGBT adults.

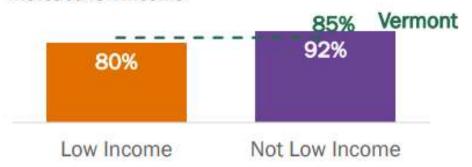


Adults with and without a disability meet cervical cancer screening recommendations at a <u>similar</u> rate.



A

Adults with a low income meet cervical cancer screening recommendations <u>less</u> than those without a low income.



# Partnerships with providers and nonprofits around state

- FQHCs
  - Community Health Centers
  - North Start Health
  - NOTCH
- Pride Center of VT
- VFRC/VCCU
  - People's Health and Wellness (Barre),
  - Rutland County Free Clinic,
  - Bennington Free Clinic (GBICS)





## You First Membership Eligibility

- Residence: Must live in Vermont
- Age: Must be over 21 years old
  - Heart Health program for members ages 35-64
- Income: Up to 250% of the federal poverty level
- Insurance status: Can be uninsured or have insurance
- Gender: Anyone with breasts and/or cervix, including women and transgender Vermonters



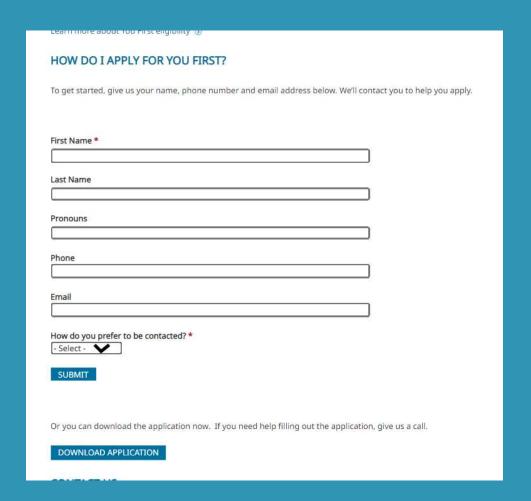
# You First members can make up to 250%FPL

#### **2023 Income Guidelines:**

Number in Household	Annual maximum	Monthly maximum	Weekly maximum
1	\$37,650	\$3,138	\$724
2	\$51,100	\$4,258	\$983
3	\$64,550	\$5,379	\$1,241
4	\$78,000	\$6,500	\$1,500
5	\$91,450	\$7,621	\$1,759
6	\$104,900	\$8,742	\$2,017

# **Referring Vermonters to You First**

- Share information about program
- Provide rack card or application
- Direct to website form and help complete with their permission



#### **Enrollment Process**

- Member receives application:
  - Call 800-508-2222 and have the application mailed
  - Download from You First website
  - Obtain from provider's office
- Member completes application and return it to us
  - Mail or fax
  - Need physical signature
- Application is processed and they receive a Welcome Packet (includes Membership Card with Unique ID for Medicaid billing)
  - Renew membership each year
- Membership is 90 days retroactive from the signature date on application
- Member receives navigation phone call from You First staff to encourage screenings, identify barriers, and answer any questions



### **Covered Services**



**Breast Screening:** 

Clinical breast exam

Screening Mammogram

Diagnostic Mammogram

**Ultrasound** 

Consultation

Second opinion

Breast biopsy

MRI when clinically

indicated

**Cervical Screening:** 

Pelvic exam

Pap test

**HPV** test

Colposcopy

Diagnostic tests

Heart Health Screening:

BMI

Blood pressure

Blood sugar/A1C testing

Cholesterol testing

Interpretation and Translation services **Transportation** to and from appointments

For a full list of covered services visit:

http://www.healthvermont.gov/wellness/You-first-providers/You-first-services-providers

# **Heart Health Lifestyle Programs**

- Prevent heart disease through healthy behavior supports and lifestyle programs
- Available to members ages 35-64
- Must have a complete and up-to-date Heart Health Screening: height, weight, blood pressure, blood glucose and cholesterol
- Health Coaching and other program benefits, including Weight Watchers, gym memberships, state park passes, farmers market coupons, CSAs, apple orchard coupons, blood pressure monitors, pedometers and more



# **Patient Navigation**

- New members receive a call to help understand program and encourage to get screened
- Members overdue for screening receive reminder calls encouraging screening and addressing any barriers
- Members who have been screened and require follow up diagnostic testing receive a call from our Patient Navigator to plan process and answer questions.
- Members diagnosed with breast or cervical cancer are referred to the Breast and Cervical Cancer Treatment Program
- We aim to connect our members with other resources when they are outside of our scope

# The Breast and Cervical Cancer Treatment Program (BCCTP)

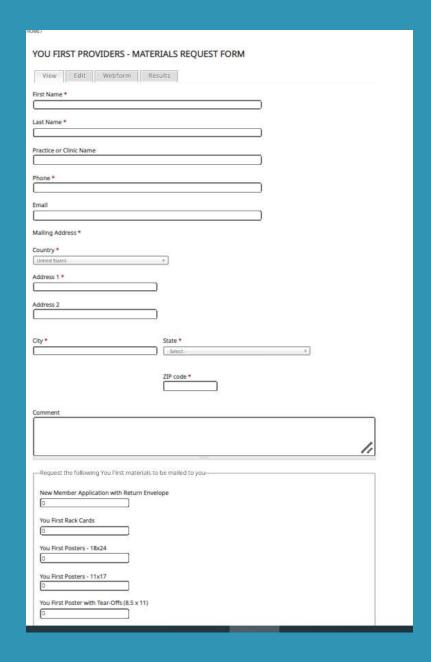
- > Full Medicaid coverage during treatment
- ➤ BCCTP reviews medical eligibility each year and renews if still in active treatment, still live in VT, and under 65
- Treatment eligibility criteria:
  - Be enrolled in You First.
  - Be diagnosed with breast cancer, cervical cancer or a pre-malignant condition (i.e., cervical dysplasia).
  - Require treatment services.
  - Have no other health insurance.
  - Be a U.S. citizen or a qualified alien.
  - Be under age 65

#### **You First and Insurance**

- Private Insurance (BC/BS, MVP, etc.) You First can pay for services not covered by insurance, as well as copays and deductibles; lifestyle programs
- Medicaid You First is the payor of last resort and cannot pay clinical services for those with Medicaid, but Medicaid pays for all of the same services; benefit of You First for them is health coaching, lifestyle programs with transportation for those aged 35-64, and navigation
- Medicare Part B lifestyle programs for those 35-64, navigation \*Federal law prohibits two different federal funding sources from paying for the same service. You First is not able to pay deductibles, copays and cost shares for clinical services for those with Medicare Part B.

## **Website Order Form**

Order applications, posters, rack cards and more to share with Vermonters



### **You First Contacts**

Phone: 800-508-2222

Fax: 802-657-4208

Email: YouFirst@vermont.gov

Website: YouFirstVT.org

Sue Kamp: Director, Physical Activity, Nutrition and Women's Health

Siobhan Donegan: Lifestyle Program Coordinator

Gwen Delgadillo: Data and Reporting Coordinator (billing)

Megan Simpson: Member Services and Outreach Coordinator (eligibility, enrollment, outreach,

member questions)

Justin Pentenrieder: Program Manager

Melissa Doane: Patient Navigator (provider relations and billing)

Beverly Everest: Administrative Support Specialist